

Mount Maunganui College: Faculty of Physical Education and Health
ACTIVE PARTICIPATION

	Level 3			Level 4			Level 5			Level 6		
NY	A	M	E	A	M	E	A	M	E	A	M	E
	Participate actively in a variety of physical activities			Participate actively in a variety of physical activities with effort			Participate actively in a variety of physical activities with a high level of effort			Participate actively in a variety of physical activities consistently high level of effort and engagement		
	Mostly organized and prepared for activities	Consistently organized and prepared for activities	Always organized and prepared for activities	Mostly motivated and reliable	Consistently self motivated and reliable	Always self motivated and reliable	Attempts to support others through offering assistance	Often supports the development of others	Supports the development of others by assisting where required	Seeks to engage in the context of the practical environment	Resourceful and enterprising	Participates actively with a high level of effort and engagement across a wide range of settings
	Mostly actively involved in the task	Consistently actively involved in the task	Always actively involved in the task	Mostly contributes positively to physical activities	Consistently makes a positive contribution to physical activities	Always contributes positively to physical activities	Shows enjoyment of the intent of the activity	Consistently shows enjoyment of the intent of the activity	Always shows enjoyment of the intent of the activity	Contributes to activity even if injured	Enhances the experience of other participants by adding their own input to the activity	Always accepts challenges even when outside comfort zone
	Attempts skills related to the activity	Demonstrates skills related to the activity	Demonstrates a variety of skills related to the activity	Mostly works hard towards the goal of activity	Works hard towards the goal of activity	Consistently works hard towards the goal of activity	Mostly 'does their best'	Consistently 'does their best'	Always 'does their best'	Contributes to the team by taking up a role or functional position	Consistently accepts the challenge even when outside comfort zone	Develops and improves their own success and the experience of others
	Attempts to improve skill level	Seeks to improve skill level	Consistently seeks to improve skill level	Attempts to practice to improve skill level	Consistently practices to improve skill level	Perseveres to improve skill level in challenging activities	Reflects on own performance	Reflects on and works to improve performance	Reflects on and demonstrates initiative to improve performance			

Note: The teacher is collecting evidence of your participation over time and will make a final judgement on the level you have achieved. Excellence can only be achieved if you have participated with a consistently high level of effort and engagement.

