

# Being a teacher of health and/or PE

1. Choose a statement or situation:

<p>1. A group of year 10 students was recently caught using cannabis at a nearby park. Afterwards, a staff member comes up to you and asks: “shouldn’t you be teaching these kids about the dangers of drugs in health class?”</p>	<p>2. Health and/or PE should make a measurable difference to teenagers’ health and wellbeing.</p>	<p>4. You are advocating for more hours to be allocated to HPE in the timetable. You wonder whether you should use documents such as the childhood obesity plan, and other related papers, to justify your argument.</p>
	<p>3. A health and/or PE teacher needs to be a role model by looking a certain way.</p>	

2. Use 2-3 of the criticality sentence starters below to explore your statement/situation:

- A common assumption is that...
- I question whether...
- Those advantaged by this are... because....
- Those disadvantaged by this are... because...
- This is a misuse of power over others because ...
- This is socially unjust because...
- People’s beliefs continue to be shaped by...
- For the common good of society....
- The voices that need to be heard are...
- The weight of the evidence suggests that...
- After considering the pros and cons...
- From this point of view...
- Critics of this view would say...
- The perception of some people is...

Connectives:

*however... despite this... although... therefore... this means that... alternatively... on the other hand...*

3. What HPE Attitudes and Values are not being promoted or looked out for in the statement/situation? What action is needed in order to promote social justice and the other A&Vs?

4. You could also think about...

- What questions or responses do the statement/scenarios raise for you?
- Does how you feel/think about the statement/scenario differ from what you would say in public?
- What has shaped your practice, attitudes, values and beliefs as a health or physical educator?
- How would you define a ‘health educated’ or ‘physically educated’ student?

The electronic files from this session can be downloaded at:

<http://tinyurl.com/criticalityandavs>