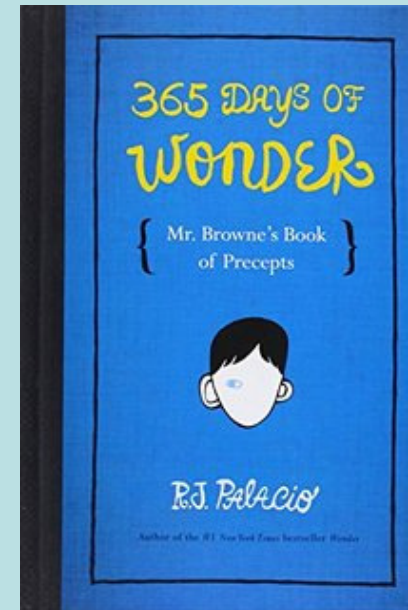
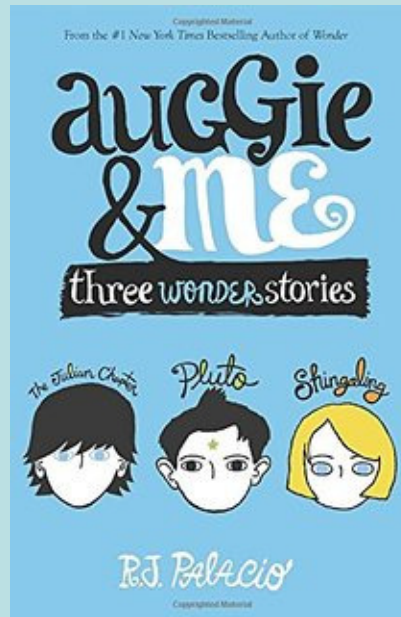


# Using Books for Teaching Health Concepts

Vicki Nicolson



# Wonder by R J Palacio



August "Auggie" Pullman is a 10-year-old living in the fictional neighbourhood of North River Heights in upper Manhattan. He has a rare medical facial deformity, which he refers to as "mandibulofacial dysostosis more commonly known as Treacher Collins syndrome and a cleft palate. Due to numerous surgeries, Auggie had been home-schooled by his mother, but his parents decide to enroll him in Beecher Prep, a private school, for the start of middle school in the fall. This is his story. Theme: Empathy,

# Goodnight Mr Tom

## Michelle Magorian

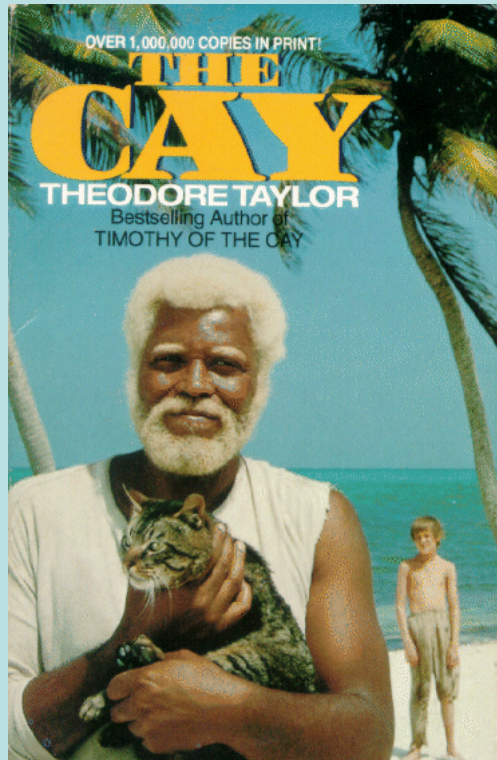


Young Willie Beech is evacuated to the country as Britain stands on the brink of the Second World War. A sad, deprived child, he slowly begins to flourish under the care of old Tom Oakely – but his new-found happiness is shattered by a summons from his mother back to London. Themes of empathy & resilience



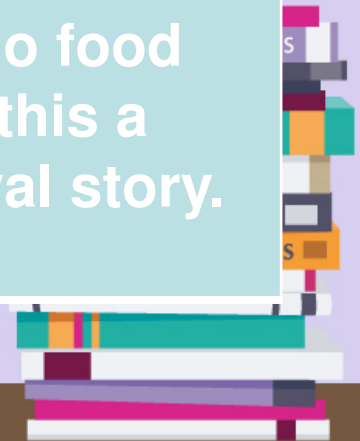
# The Cay

## Theodore Taylor



When the ship carrying Phillip and his mother is sunk, Phillip finds himself blind and adrift on a raft with an old, black seaman and a cat.

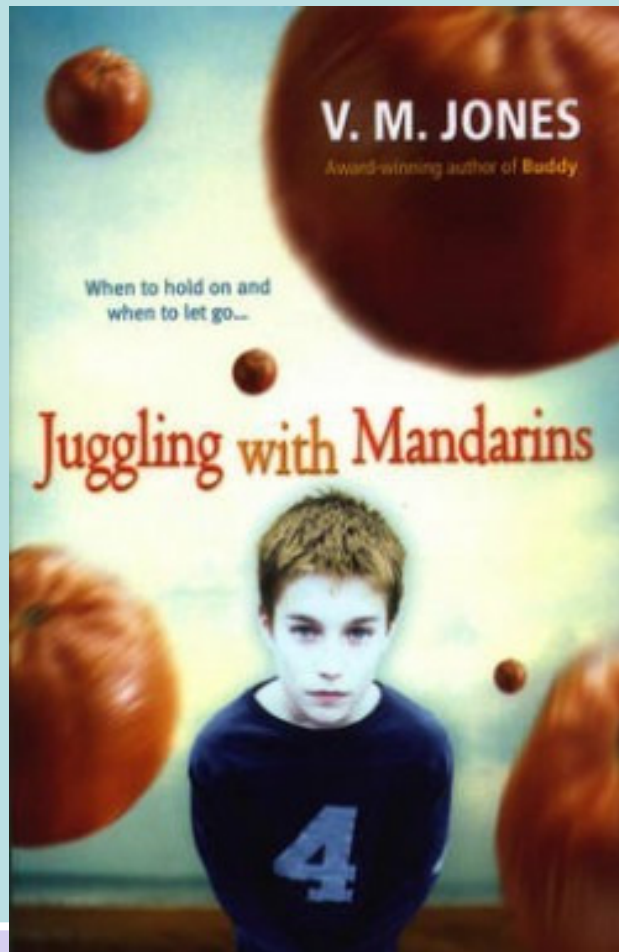
Phillip's dependence on the wise old Timothy and their struggle to survive on a deserted Cay, with no food and no water, make this a truly gripping survival story. Themes of racism.





# Juggling with Mandarins

## V M Jones



Pip McLeod's got problems. The biggest by far is Dad – shouting on the sideline at every soccer match and arguing every decision the ref makes ... The trouble is, Pip's not like his big brother Nick, the ace sportsman. Pip's good at other things, just not the things that matter to Dad.

One day Pip's English teacher produces a bag of coloured balls and issues the class a challenge: learning to juggle. Juggling, she tells them, is a cool party trick; an art form; a life skill. There's just one problem: Pip doesn't have any juggling balls. But who needs juggling balls when there are mandarins in the fruit bowl?

Themes: family relationships and growing up



# Stella Star of the Sea

## Marie Louise Gay



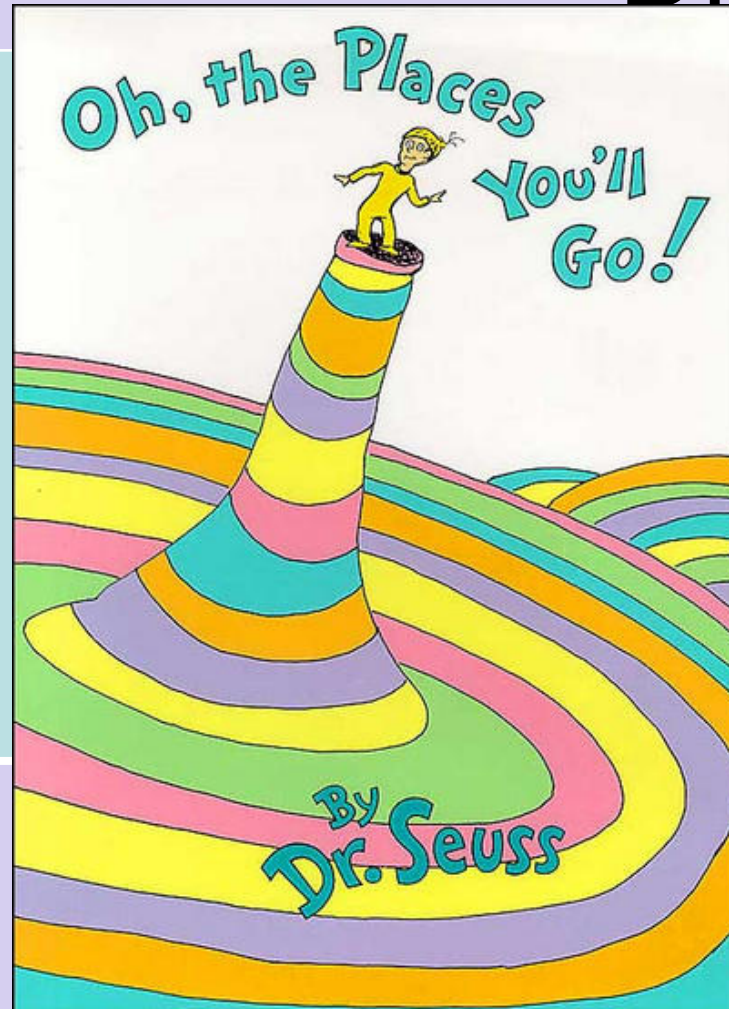
Stella and her little brother are spending the day at the sea. Stella has been to the sea before and knows all its secrets, but Sam has many questions. "Does a catfish purr? Does a seahorse gallop?" Stella has an answer for them all. The only thing she isn't sure of, and neither is the reader, is whether Sam will ever come into the water.

Themes: Risk taking, family relationships



# Oh, the Places You'll Go

## Dr Seuss



This is the last book published by Dr Seuss and concerns the journey of life and its challenges

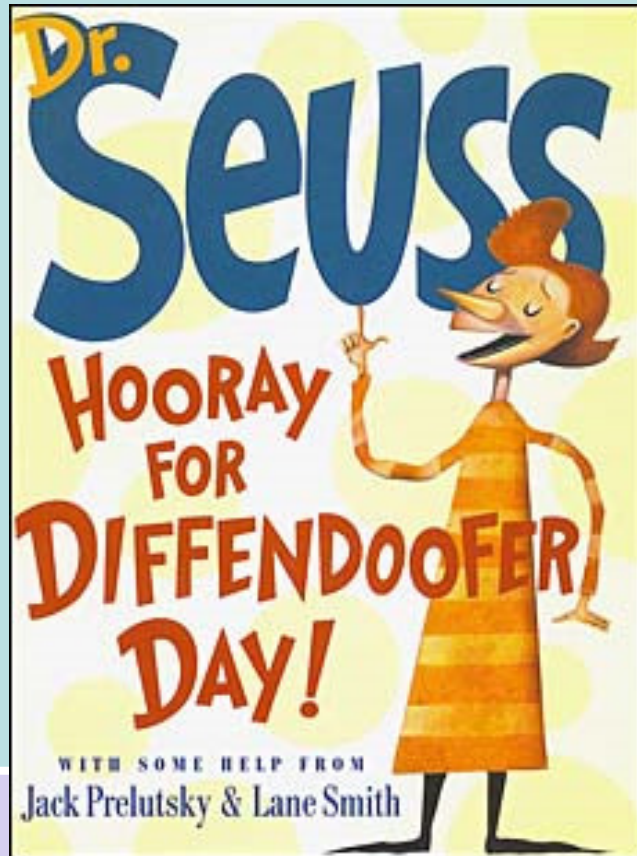
“Congratulations ! Today is your day. You’re off to Great Places! You’re off and away! You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. You’re on your own. And you know what you know. And YOU are the guy who’ll decide where to go”

Themes; Risk Taking, Life, Self Efficacy.



# Hooray for Diffendoofer Day

## Dr Seuss



"Hooray for Diffendoofer Day!" is a joyous ode to individuality. The story stars an unsinkable teacher named Miss Bonkers and quirky little Diffendoofer School, which must prove it has taught its students how to think.

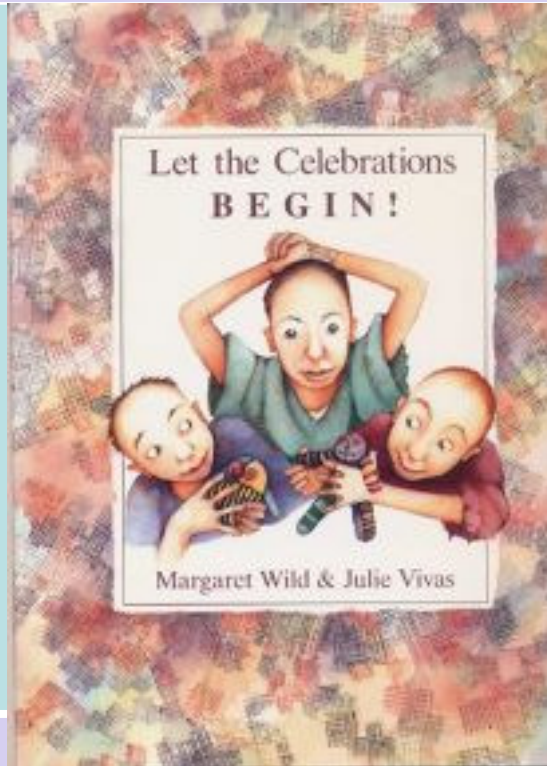
Themes: Learning and being different





# Let the Celebrations Begin

## Margaret Wild & Julie Vivas



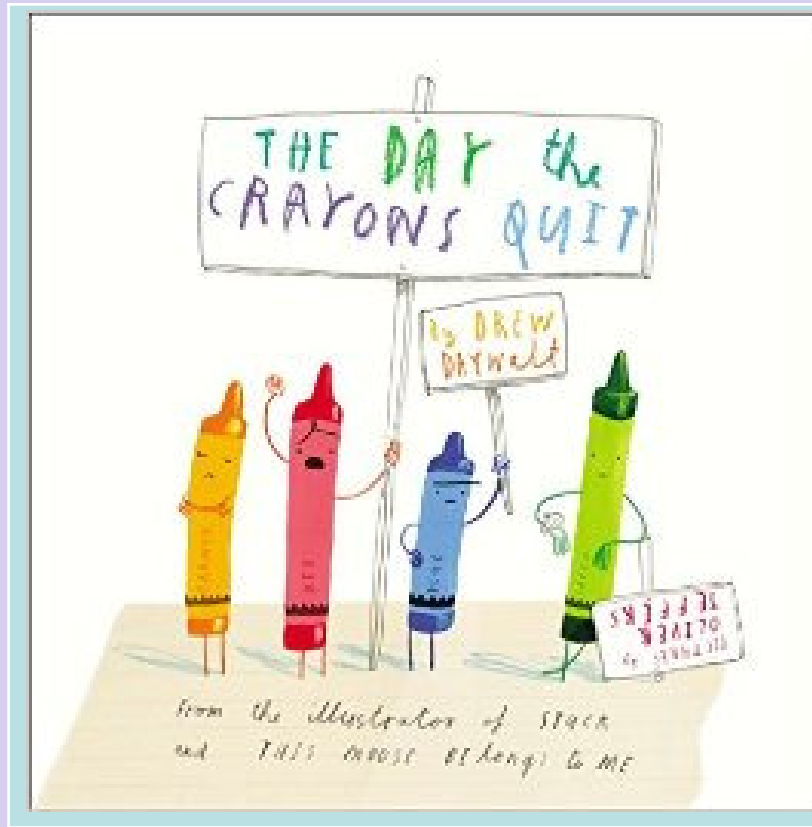
Miriam lives in hut 18, bed 22. She has little to eat and nothing to play with, but she can remember what it was like before, when she had her own food, her own bed, and her very own toys. As World War II nears an end, everyone says the soldiers are coming, so Miriam joins the women in planning a celebration. Every night, while the guards sleep, they busy themselves crafting toys out of scraps of their clothing to surprise the younger children.

Themes: Celebrations



# The Day the Crayons Quit

## Drew Daywalt



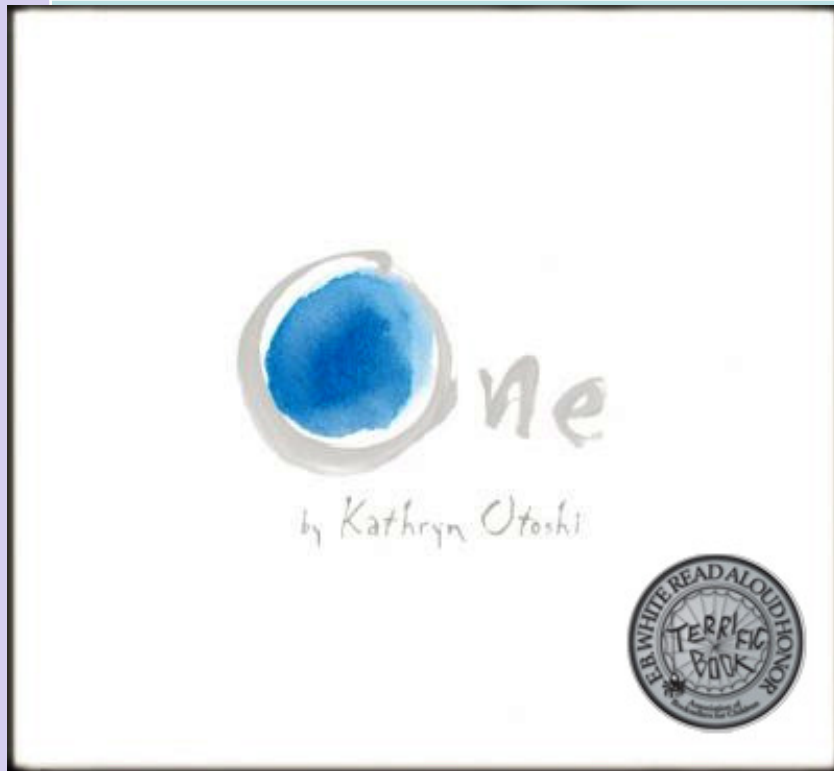
Crayons are on strike! Duncan goes for a box of crayons, twelve in quantity, and finds a stack of letters waiting for him. The letters are from the crayons themselves expressing helplessness or sadness along with a bit of anger of their colouring and drawing career. These crayons replicate similar emotions to humans and it is Duncan's job to meet the needs and bring contentment for all of the crayons before they quit for good.

Themes: Empathy



# One

## Kathryn Otoshi



Blue is a quiet colour. Red is a hot head. Red likes to pick on blue. Yellow, green, purple and orange don't like what they see, but what can they do? When no one takes a stand, things get out of hand. Until one comes along and shows all the colours how to stand up and count.

Themes: bullying and bystanders



# Zero

## Kathryn Otoshi



by Kathryn Otoshi

Zero was a big round number. When she looked at herself, she saw a hole...right in her centre. Everyday she watched the other numbers line up and count.

1,2,3,4,5,6,7...

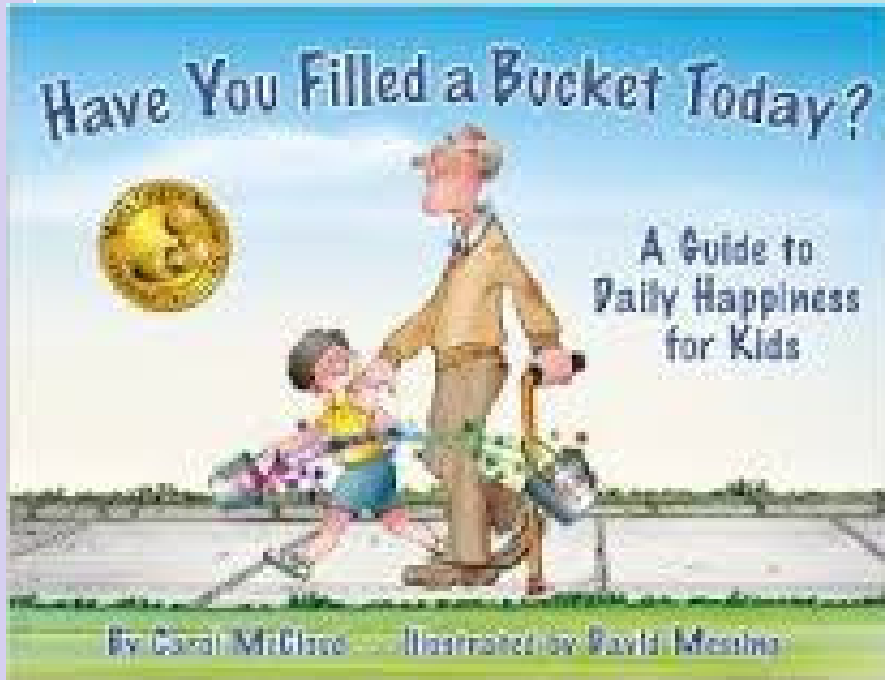
She wanted to count too! But how could a number worth nothing become something? Zero felt empty inside. And so goes Zero's search to find value in herself and others.

Themes: Self esteem, empathy



# Have You Filled a Bucket Today

## Carol McCloud



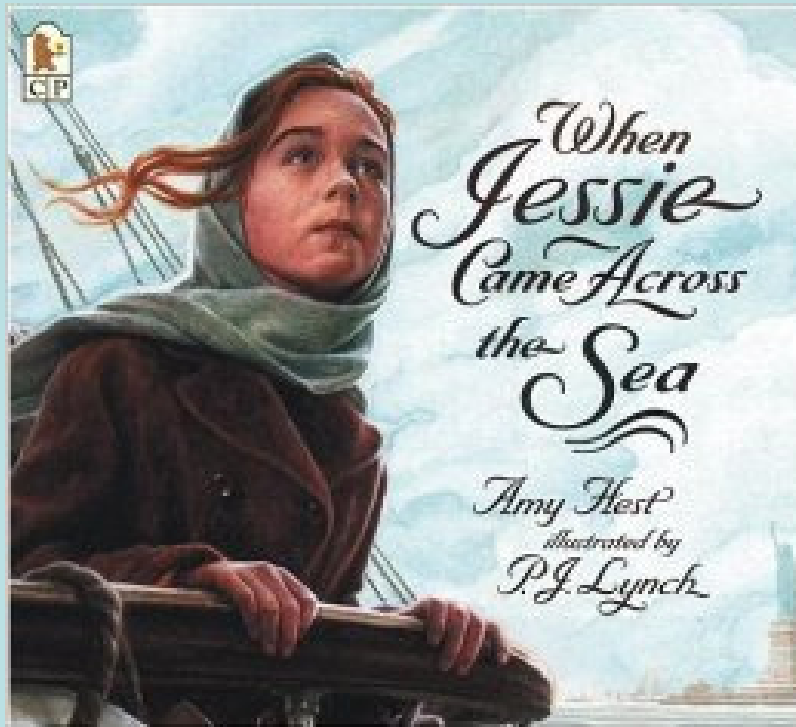
Through simple prose and vivid illustrations, this heartwarming book encourages positive behaviour as children see how rewarding it is to express daily kindness, appreciation, and love. Bucket filling and dipping are effective metaphors for understanding the effects of our actions and words on the well being of others and ourselves. Themes: Actions and responsibility





# When Jessie Came Across the Sea

## Amy Hest



When a young girl from a poor eastern European village learns that she must leave her beloved grandmother for a new life - and a new love - in America, they both feel that their hearts will break. The sure and inspired narrative by award-winning author Amy Hest is paired with paintings by P.J. Lynch that glow with warmth and carefully observed detail, creating an unforgettable tribute to the immigrant experience.

Theme: Change, loss and grief

