

PENZ/EONZ/NZHEA conference 2017:  
**New activities for alcohol and drug education**  
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The activities from today's workshop are from the NZHEA AoD resource, available to members on our website. The small selection of activities used in the workshop can be downloaded from <http://tinyurl.com/NZHEAactivities>

## Planning for AoD education

### Questions to consider:

- What do students already know from previous learning in AoD education?
- Which drugs will we focus on and at which levels?
- What are the 'big ideas' to cover in AoD education? (e.g. well-being in relation to AoD use, factors leading to AoD use and misuse, strategies for supporting well-being)
- What sorts of teaching and learning strategies will best support students' learning of these big ideas in an AoD education context?
- Given the central importance of **critical thinking** for learning in health education, which activities will be selected to develop this key competency in AoD education?
- How will the AoD programme support students to develop and use the key competencies?
- What opportunities will be provided to develop students' abilities to listen and read to take in AoD information, and then write and use oral language for communicating AoD education learning? (literacy)
- How will the AoD programme help students to develop digital fluency?
- How will evidence of learning be collected?
- How will the level of learning achievement in the NZC be judged?

## Possible topics for alcohol and other drug education

This provides opportunity for students to input into the planning of the learning programme. Students select from a list of overall themes and add other topics of interest, all of which contribute to the design of their AoD education unit. This approach is similar to that used in Family Planning's *Hei Huarahi, Sexuality Road* resource.

- Which of these topics would be relevant, suitable, of interest to your students?
- What else would you add as possible topics?

Why do many New Zealanders use alcohol and other drugs?
Are New Zealand adults helpful or unhelpful role models on matters to do with alcohol use?
How can I be assertive in drug-related situations?
What is host responsibility and how do we have safe and successful parties?
How does alcohol and drug use affect well-being?
How does alcohol and drug use affect our community and NZ overall?
What can we do to address an issue relating to alcohol in our community?
Do we have a 'kiwi drinking culture'?
What does the law say about alcohol and drugs in NZ that I need to know about?
How can I be a positive influence on others and a supportive friend in situations where alcohol and drugs are being used?
How do I make healthy decisions regarding alcohol or other drugs in social situations?
What's the issue around alcohol and sporting culture in NZ?