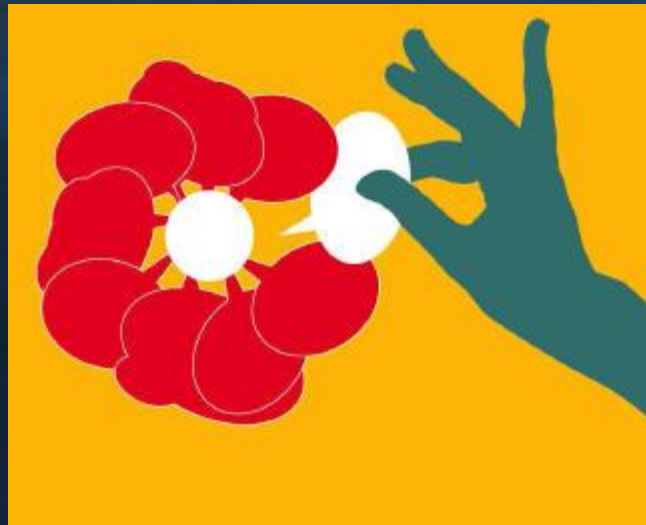


Loves-Me-Not

All New Zealand young people
living and learning free from harm
from unhealthy relationships



July 2015

Why Police?



7. The police at all times should maintain a relationship with the public that gives reality to the historic tradition that *the police are the public* and *the public are the police*; the police are the only members of the public who are paid to give full-time attention to duties which are incumbent on every citizen in the intent of the community welfare.

Sir Robert Peel's *Nine Principles of Policing* (1829)

What is Loves-Me-Not?

Loves-Me-Not is a **whole-school approach** to prevent **abusive behaviours** in **relationships.**

Evidence for relationship education

Characteristics of effective relationship education programmes:

- informed by evidence
- evaluated
- strength-based
- interactive
- relevant
- sufficient time
- change behaviour
- address stereotyping
- specific risk and protective factors
- examine environmental influences
- whole school community
- trained educators
- New Zealand Curriculum
- culturally responsive
- specific skills are practised

Effectiveness of relationship education programmes in schools for years 7-15 (SuPERU 2013)

Relationship education guide for schools (MOE 2015)

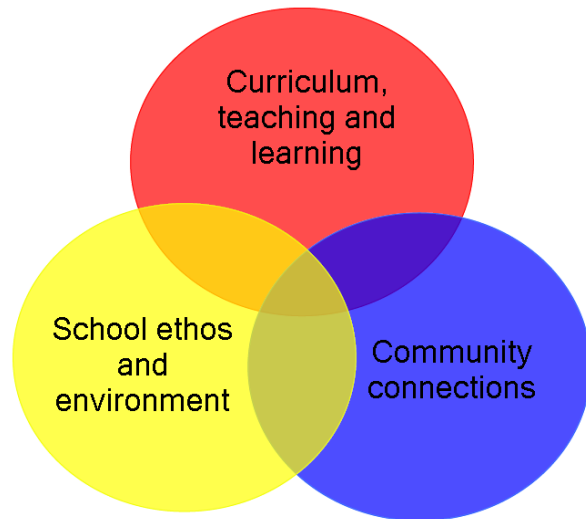
Key elements

Loves-Me-Not (LMN) emphasises:

- **behaviour change**, not just awareness raising
- a **whole school** approach
- **cross sector** responsibility for a community problem
- **strength-based** focus
- increasingly sexual orientation and **gender neutral**
- early identification of low level of abuse (**power and control** tactics)
- **bystander behaviour** and early bystander intervention
- behaviours rather than **labels**.

Whole school approach

‘There is wide agreement in the literature that **one-off sessions** are ineffective’
 ([SuPERU 2013](#))



Community connections	School ethos and environment	Curriculum teaching and learning
Consultation	Policies	Myself
Collaboration	Skilled and model staff	My family/friends
Model parents and whānau	Safety focussed environment	My community

LMN workshop – an educative journey

- what a **good relationship** is like
- how to keep **their friends** safe
- knowing **how and when** to intervene
- clarity about **consent**
- behaviours that **erode** a good relationship
- case studies - intervening **early**
- **myths and media** contribute to stereotypes
- empowering students as **change agents**

Loves-Me-NOT



Show and Tell

Loves-Me-Not on the School Portal

schools.police.govt.nz

- ↳ Resources
- ↳ Successful Relationships
- ↳ Loves-Me-Not

New Zealand Police

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School Portal

Connecting schools with police services

Home » Advice » Personal and community advice » School Portal » Resources

- Advice
- Personal and community advice
- School Portal
- Resources**

Resources

New Zealand Police has developed a number of programmes, live networks and resources for schools. These are grouped into the themes:

- Successful relationships**
New Zealand Police aims to assist students develop and sustain successful relationships. Programmes include Keeping Our Bodies Safe and Hā Haka. ...more
- Travelling safely**
New Zealand Police aims to assist students to safely use our transport networks (road, rail and paths). Programmes with these theme are Road Safe and Rail Safe. ...more
- Responsible citizens**
New Zealand Police aims to assist children and young people to protect their personal possessions and respect the possessions of others. ...more
- Healthy body, healthy mind**
New Zealand Police aims to assist children and young people to respect their body and mind and to resist the abuse of labour-affecting substances. ...more
- Living in a safe community**
This theme aims to assist children and young people connect with caring people and caring organisations that contribute to a safe and connected community. ...more

What will your next steps be as a result of this session?

What assistance do you require to carry them out?

Evaluation

1. Do **nothing** more at this stage.
2. **Read** the resources that I have received.
3. **Explore the School Portal** resources for successful relationships.
4. **Talk to pastoral team** about education for successful relationships.
5. **Plan to run Loves-Me-Not** within the next 18 months.



Students feel safe and are safe

Any **questions?**

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