

DRAFT Sport Statement - October 2015

Sport is valued and is of high quality when it meets the following criteria when:

- It is recognized that sport develops from play. That those components of play that attract young people to play, namely, fun, pleasure, enjoyment and structures that reflect their needs and abilities are present in sport.
- Participants adhere to the rules of the sport which are based on equity, fairplay and honesty.
- Participants play within the spirit of the game. This means that sport is essentially a test of a person's character and integrity as well as a physical challenge. As there are many opportunities in sport to test a participant's ethical decision making, sport is an ideal place to test and develop moral character.
- Competition gives players opportunity to excel and be the best they can be. Without striving to win there is no sport, as striving to win is an inherent part of the game. Without competition there is no opportunity to excel.
- Within competition, athletes participate in a way that acknowledges that sport is essentially cooperative; as without opposition there would be no competition and therefore cooperation is essential. It therefore follows that opposition players deserve respect and that an equitable and fair competition is an essential part of this respect for the opposition. Sport in this context is about the challenge and not the outcome.
- Participants have the opportunity to enjoy the unique inherent or intrinsic joy of movement experiences that diverse sports have to offer. For example, surf life savings inherent or intrinsic value is related to service, saving lives and enjoying the sea environment; rugby's value is the joy of physical encounters and a sense of team; yoga's value about a focus on one's own wellbeing and harmony
- It is structured in such a way that those playing are offered the pleasure of some level of mastery of the activity.

Sport has social and cultural values that are important to our society:

- Sport for health: frequent high quality physical activity can contribute to participants well-being.
- Sport builds community. There is opportunity for the development of friendship, a sense of belonging, integration into a community which strengthens communities.
- Sport played in an ethical and moral way builds positive relationships between communities.
- Sporting events and competitions bring people together in pursuit of common goals and therefore develop.
- Sport is created for people by people and is played for the inherent pleasure it brings.
- Sport is fun: participation in sport can be joyful, uplifting and celebrate the joy of movement.

PENZ invites your thoughts and feedback to this **draft** statement. Submissions can be made my email to feedback@penz.org.nz