

LOCKDOWN DANCE CHALLENGE

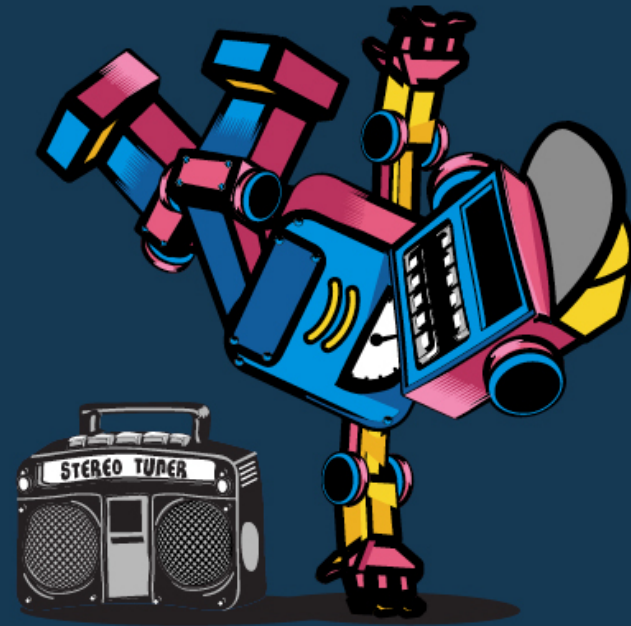
Love to dance?

Looking for a fun way to be active during Lockdown?

Grab those in your bubble and take part in the awesome Lockdown Dance Challenge at home!

How it works:

- You and your bubble learn the dance moves provided
- Choose some of the moves to create your own routine, adding your own flavour
- Record yourself and those in your bubble performing your dance routine to one of the songs provided
- Send your video as instructed



Special thanks to Emma Murray from ELEVATEdance and Snow the Trackgod for sharing their talents and resources.



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If your school would like to take part in the Lockdown Dance Challenge, please contact Active@huttcity.govt.nz for access to all resources and information how to run the Lockdown Dance Challenge.

The Lockdown Dance Challenge will run until the end of May. Special thanks to Emma Murray from ELEVATEDance and "Snow the Trackgod", who have generously shared their skills to help make this resource possible.

A huge thank you also to Matt Pegg & the Wainuiomata Sports Cluster for sharing their 2019 Dance Festival Concept which this challenge has been adapted from.