

Sports Studies

Using the FIFA Women's World Cup as a learning context.

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With the FIFA Women's World Cup about to kick off in New Zealand, what a fantastic opportunity to explore *Sports Studies* as a key area of learning in Physical Education. While the teaching of sports specific skills is not a focus of primary school PE nor is running a school sports programme, this article will explain how the FIFA Women's World Cup Tournament can provide an exciting context for learning about social, cultural, and scientific perspectives of sport.

What skills are developed through Sports Studies (if it's not just about playing sport)?

- How to participate in diverse sporting roles such as playing, coaching, officiating, and administrating
- Identifying and critiquing the contributions that science, technology, and the environment make to sporting performances
- Exploring the social and cultural significance that sport has for individuals and for society, for example, in relation to attitudes, values, specific practices and their effects, and media influences.
- How can sports (such as football and futsal) contribute to our culture and collective identity?

Encourage students to consider how their Hauora is influenced by participation in sports



- The importance of preparing your body for participation in sports(warm-ups, stretches, etc).
- Being part of a team; playing with and against others; belonging; support.
- seeking personal identity, connecting to the places and spaces I am active in, whakapapa and Tūrangawaewae, meeting challenges; being the best I can and feeling good about that
- Learning strategies/tactics for particular games; respecting self and others; managing the emotions of winning and losing; taking diverse sporting roles.
- Understand that skill and fitness contribute to enjoyment.
- Conversely, how sport may contribute to low levels of health.

"Building relationships and creating connections between people requires the ability to understand and value cultural differences. Major sporting events such as the FIFA Women's World Cup 2023™ bring countries together from around the globe and provide an opportunity to learn about the different cultures of each of those countries."



Ngā ahurea me te tuakiri kiritōpū | Culture and collective identity (Social Sciences)

- Whakapapa and tūrangawaewae
- Roles and responsibilities of living in bicultural Aotearoa
- Celebrating our heroes
- Understanding others
- What impact has immigration had on our culture and collective identity and how is this continuing to evolve?
- How can hosting major sporting events in Aotearoa New Zealand help further shape our culture and collective identity?
- Create a game pool schedule.

Numeracy

- Timetables and scheduling of matches including international time differences
- Percentages of goals scored
- Estimates; eg financial gain, and ticket pricing
- Statistical data, graphs
- Identify shapes used to make a football. How many panels of each shape? Why?

Literacy

- Use the shapes on a football to create and share your whakapapa.
- Share stories and ask questions.
- Research the meaning of tūrangawaewae. Discuss a definition that is meaningful for you.

COOL RESOURCE!

Kōtuitui (from Football New Zealand) is available to schools and kura across Aotearoa New Zealand to deliver during either term 2, 3 or 4 this year as the country hosts the FIFA Women's World Cup 2023™. Kōtuitui provides a set of football experiences for teachers and ākonga as they use the FIFA Women's World Cup 2023™ as a context for learning about culture and collective identity.

<https://www.kotuitui-sport.net/>

For Game and activity ideas visit:

<https://sportnz.org.nz/resources/developing-fundamental-movement-skills/>

<https://www.fit4football.co.nz/>

<https://penz.org.nz/movewell/>

<https://sportnz.org.nz/media/3892/movewell-booklet-web.pdf>

<https://hpe.tki.org.nz/health-and-physical-education-in-the-curriculum/key-areas-of-learning/sport-studies/>

For more information on understanding the Health and Physical Education curriculum visit:

<https://penz.org.nz/pe-resources-for-primary-school-teachers/>

