

# TAI TŌRUA - THE CHANGING TIDES

## MAY 6 - 2024

### 8:30AM - MIX & MINGLE

### 9:00AM - KARAKIA & SCENE SETTER

#### 9:30AM - GROUP SESSION - NGĀ TĀONGA TĀKARO

**Abstract** - Tāonga Tākaro is a way to view learning from a uniquely Māori perspective. These traditional Māori games and activities are useful at teaching both physical skills but also practical, social and cultural skills important to rangatahi and people residing in Aotearoa. This workshop will introduce how to run these sessions, why they are important and how they can be useful to teach skills such as Te Reo Māori, tikanga Māori and pūrākau (stories) important to your school, organisation and/or wider community.

**Presenter** - Jacob Ahuriri-Budgen (Ngāti Porou, Ngāti Kahungunu ki Heretaunga, Ngāti Kauwhata, Ngāti Raukawa). Jacob is the Tāonga Tākaro Activator with the Selwyn Sports Trust.

### 10:30AM - MORNING TEA

#### 10:50AM - BREAKOUT 1A - GYMNASTICS MADE EASY

**Abstract** - This practical session will explore how we can design fun, developmentally appropriate experiences that enable all tamariki to learn how to be confident movers without needing traditional gymnastics equipment.

**Presenters** - Sport Canterbury Healthy Active Learning Facilitators. The Healthy Active Learning team work with Primary and Intermediate schools to improve wellbeing for tamariki. They are experienced teachers with passion and expertise in health and physical education.

#### 10:50AM - BREAKOUT 1B - PLAY

**Abstract** - Play is an integral part of child development in so many ways. Play is the foundation, alongside PE, of physical literacy, as a child's earliest physical experiences are through play. Play is also vitally important for a young person's resilience and wellbeing development.

This session will give you different perspectives and ideas on ways to promote and encourage play within the playground. During this workshop we will give you examples of play mahi within schools that have had an impact. We will provide tangible ideas to take away and implement within your school environment to allow tamariki time, space and permission to play in a variety of ways.

**Presenter** - Kayla Cunningham. Kayla is a Healthy Active Learning Community Connector for Sport Canterbury. She is also an experienced Early Childhood teacher and has worked within the Sport, Health and PE sector in Secondary School.

#### 11:40AM - BREAKOUT 2A - LEARNING THROUGH DANCE

**Abstract** - Dance plays an important role in many cultures and provides a great opportunity for ākonga to share their culture and celebrate diversity in our schools. This session will give you practical examples of how you can use dance as a rich context to support learning in literacy and numeracy.

**Presenter** - Emma Peterson. Emma is Healthy Active Learning Facilitator for Sport Canterbury and an experienced secondary Health and Physical Education teacher with a strength in dance.

#### 11:40AM - BREAKOUT 2B - PLANNING FOR CHAOS

**Abstract** - How can you produce a quality physical education plan for your class, syndicate or school that finds the balance between the chaos of free for all and the rigidity of structured little boxes? This session will introduce a supportive frameworks to get the best out of your planning.

**Presenter** - Marisa McKay. Marisa is the Primary/Intermediate Subject Advisor for PENZ. She is an experienced, registered teacher and skilled facilitator, with a passion for physical education.

### 12:30PM - LUNCH

#### 1:00PM - BREAKOUT 3A - MOVEWELL IN A NUTSHELL

**Abstract** - MoveWell is the newest NZ developed teacher resource for physical education for Years 1-8. A little different to the norm, MoveWell is grounded in pedagogy and supports the development of the whole child through physical education. Join Marisa to learn about what makes this resource unique, how to use it within your own school and to play of course!

**Presenter** - Marisa McKay. Marisa is the Primary/Intermediate Subject Advisor for PENZ. She is an experienced, registered teacher and skilled facilitator, with a passion for physical education.

#### 1:00PM - BREAKOUT 3B - ADDRESSING THE INEQUITIES THAT EXIST AROUND PARTICIPATION

**Abstract** - We know that physical activity participation rates are lower for girls and tamariki with impairments. How can schools respond to this challenge to create inclusive environments that provide an opportunity for everyone to thrive?

Together we'll look at examples of how you can empower and inspire all learners in your school through giving them voice and choice.

**Presenters** - Karysa Wilkinson, Sam Mathewson and Lynn Kilpatrick. Karysa is the Wāhine Activator for Selwyn Sports Trust. Sam and Lynn are Healthy Active Learning Facilitators for Sport Canterbury.

### 2:00PM - NETWORKING

### 2:30PM WRAP UP & FAREWELL