



Physical Education
New Zealand
Te Ao Kori Aotearoa

Board Election 2024

Candidate Information

Nicola Ratima

Tēna Tātou katoa, No Te Pae o Raukawa, Tuwharetoa me Tauranga Moana, ko Nicola Ratima toku ingoa.



I am an educator who has a passion for Māori culture and PE, holding whakapapa connections to Tauranga Moana, Tuwharetoa, and Raukawa. I specialise in Health and Physical Education and Junior Te Reo Māori, currently serving as the Year 11 Dean. My educational journey includes attending the Te Rekamauroa ki Tainui program & Kura reo ki Raukawa, and Whare korero o Raukawa 2022 - 2024 where I deepened my understanding of Te Ao Māori and its application in education.

Professionally, I have been recognised with the Rising Star Award at the PENZ conference for my leadership in integrating Māori culture with Te Reo Māori, fostering cultural inclusivity within my kura. My work in the NCEA pilot program has further strengthened my commitment to advancing bicultural education. I am dedicated to creating inclusive, culturally enriched learning environments that celebrate and promote Mātauranga Māori in Physical Education.

Emma Don

Kia ora, Emma Don is my name. I am the leader of learning for Health, Physical Education, Outdoor Education and Food/Nutrition at Te Kura Tuarua O Rangiora - Rangiora High School in North Canterbury. I have previously worked at Christchurch Girls' High School, Upper Hutt College and Riccarton High School in a variety of teaching and learning positions and more recently at Oxford Area School as a Head of Department.



I have a range of connections nationally across different kura and the Area School's network. I have marked NCEA and contributed actively through facilitating PLD with EONZ, NZHEA and PENZ. I am a Mum to Henry and Toby, wife to Aidan and we have a business based at our home in West Eyreton. I actively contribute to our local rural community through rugby, touch and league, along with being a Primary School BOT member. Our time as a whanau is spent together at rugby, league, touch and surfing, along with mahi on our 10 acre property that we are lucky to call home.

Learning in, through and about movement is a vital part of our teaching and learning curriculum and it is a privilege to do what I do. PENZ are an invaluable resource and one that I would like to utilise my skills and attributes towards as a future board member in order to bring life to the strategic plan PENZ has developed. PENZ has contributed to my personal development throughout my career, it would be a privilege to share my skills with others in order to benefit my colleagues but the young people of Aotearoa, learning in, through and about movement.



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Sarah Ryan



Over the past three years as a board member of Physical Education New Zealand, I have thoroughly enjoyed being ingrained in the direction that PENZ is heading. We have worked tirelessly on the strategic plan and I am currently managing the portfolio around policy and would love the opportunity to see this through, for the greater good of PENZ. I am a passionate physical education teacher who sees the benefit of our mahi growing the greater good of our communities.

I am currently a Professional Learning Partner with Sport Waikato and have been in this role for the past 4 years. My role sees me deliver quality physical education professional learning for our kaiako in the Waikato region and this mahi sits inside the Healthy Active Learning kaupapa. Prior to this, my last secondary school teaching role was at Waiopahu College in Levin. I have sat on the board for the last 3 years covering portfolios relating to policy, awards, conference and induction and I am seeking re-election to continue this mahi to ensure Physical Education is a thriving community. The board has worked through a solid strategic plan and I would like to have the opportunity to see this come to fruition.